



### NIBBLES

**WARM HOMEMADE FOCACCIA** olive oil and balsamic vinegar £6.45 (V) (VGNA) (DA)

**MIXED OLIVES** £4.95 (V) (VGNA) (GA) (DA)

**PROCTORS PORK SAUSAGES** honey and mustard glaze with mini bread sticks £6.45 (DA)

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### STARTERS

**SOUP OF THE DAY** with homemade focaccia bread £7.25

**HOMEMADE JUMBO NACHOS** with melted cheese and jalapenos, served with guacamole, sour cream and salsa (vegan cheese available) £7.45 / £14.95 (V) (VGNA) (DA) | add chilli jam £1.95

**BRUSCHETTA** of local heritage tomatoes, baby mozzarella, pesto, and toasted pine nuts served with balsamic dressed baby leaf salad £8.95 (GA) (DA)

**BEER BATTERED HALLOUMI AND FIELD MUSHROOMS** with a garlic mayo dip and salad £8.45 (V)

**CALAMARI AND BREADED BUTTERFLY KING PRAWNS** with a soy and ginger dip and salad £8.95 (DA)

**GRESSINGHAM DUCK BAO BUNS** with hoi sin sauce, cucumber, and sesame noodles £8.95

**SUFFOLK SMOKED MACKEREL FILLET** with new potato salad, roasted beetroot and horseradish sauce £8.95 (GA) (DA)

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### MAIN COURSES

**PAN ROASTED COD LOIN** with a spicy Nduja and potato mash, roasted mediterranean vegetables, baby capers, pesto, and balsamic reduction £22.95 (GA)

**SEAFOOD SALAD** fresh poached and smoked salmon, prawns, and smoked mackerel, with new potatoes, brown bread and butter, Marie rose sauce and a peppered lemon mayonnaise £23.95 (DA) (GA)

**ADNAMS BEER BATTERED FISH AND CHIPS** haddock fillet served with chips, garden peas and tartare sauce – Small £14.95 | Large £18.95 (GA) (DA)

**CASTLE BAY WHOLE TAIL SCAMPI** served with chips, garden peas and tartare sauce £15.95 (DA)

**‘THIS LITTLE PIGGY’ BURGER** Proctor’s pork and apple burger, BBQ pulled pork, Proctor’s sausage, topped with Suffolk smoked bacon and Monterey Jack cheese, served with chips and apple sauce £21.95 (DA)

**LAMB TAGINE** With a garlic and coriander flatbread, cous cous, minted yoghurt, and chargrilled mediterranean vegetables £22.95 (DA)

**CAJUN CHICKEN** butterflied chicken breast coated in Cajun spices, with chips, salad and coleslaw £17.95 (GA) (DA)

**CHARGRILLED STEAK BURGER** homemade with brisket and chuck steak, served with chips and homemade burger sauce £17.95 (GA) | add bacon £1.50 | add Monterey jack cheese £1.00 | add Baron Bigod cheese £2.95 | add stilton £2.95 (DA)

**SIRLOIN STEAK** served with chips, chargrilled beef tomato and roasted field mushroom £28.95 (GA) (DA) | add peppercorn sauce £2.50 | add melting stilton £2.95 | add garlic and herb butter £1.95

**GARDEN GOURMET PLANT-BASED BURGER** topped with caramelised onions and Monterey Jack cheese, chips and a side salad £16.45 (vegan cheese available) (V) (VGNA) (GA) (DA)

**RISOTTO** of roasted celeriac, leeks, walnuts and Binham blue cheese, with a balsamic dressed salad £17.95 (DA) (GA) (V) (VGNA)

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### ON THE SIDE

**CHIPS** £4.25 (GA) (V) (DA) (VGNA) | cheese £1.25 | **SIDE SALAD** £3.00 (GA) (V) (DA) (VGNA) **GARLIC FOCACCIA** £3.45 (V) **ONION RINGS** £4.00 (V) (DA) **COLESLAW** £1.95 (V) (GA) (DA)

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### DESSERTS

**APPLE AND SUMMER BERRY CRUMBLE** with custard £8.95 | Mini portion £4.95 (GA) (V)

**CLOTTED CREAM CHEESECAKE** with crushed meringue and strawberries £8.95

**STICKY TOFFEE PUDDING** toffee sauce and vanilla ice cream £8.95 | Mini portion £4.95 (V)

**CHOCOLATE BROWNIE** salted caramel ice cream £8.95 | Mini portion £4.95 (GA) (V)

**ICED BANANA PARFAIT** with chargrilled pineapple, mango and passionfruit salsa £9.25 (V)

**A SELECTION OF SUFFOLK ICE CREAM / SORBET** 3 scoops of: Ice cream - vanilla, chocolate, strawberry, salted caramel | Sorbet - raspberry, lemon £7.95 (GA) (V) (DA)

**TRIO OF CHEESES** Baron Bigod, black bomber pieces and Binham blue, served with artisan biscuits and quince jelly £10.95 (V)

#### **ALLERGENS & INTOLERANCE**

Please speak to a member of staff if you have any allergies, intolerance’s or require information about our ingredients.

(V) Vegetarian (VGNA) Vegan Adaptable (DA) Dairy Adaptable (GA) Gluten Adaptable

As we offer menu items containing all major allergens, please be advised that traces of all allergens may be found in any of our dishes.

Adaptable dish means the dish can be adapted to suit your dietary requirements. Please advise us if you require your dish adapting.